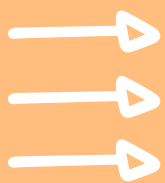


ANNUAL REPORT 2018

"PROVIDING HEALTH, HEALING, AND
EDUCATION WITH THE PEOPLE OF GUATEMALA"



WWW.SALUDYPAZ.ORG

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INTERNATIONAL HANDS IN
SERVICE/PROJECT SALUD Y PAZ
825 EAST AVE NE,
ATLANTA, GA 30312



LETTER FROM THE LEADERS

SINCE BEGINNING MY ROLE AS EXECUTIVE DIRECTOR IN JULY 2017, I CAN TELL YOU-WITHOUT A DOUBT IN MY MIND-SALUD Y PAZ IS AN EXTRAORDINARY ORGANIZATION.

THE SOCIAL AND ECONOMIC CHALLENGES IN PROVIDING HEALTH AND EDUCATION WITH THE PEOPLE OF GUATEMALA MAKE ACHIEVEMENTS FROM 2001 UNTIL THE PRESENT ALL THE MORE AMAZING. IN 2018, HERE IN THE WESTERN HIGHLANDS, WE SAW PROTESTS AND ROAD BLOCKS, TRAGIC ACCIDENTS, SEXUAL VIOLENCE, ADOLESCENT SUICIDES, EXTREME POVERTY, AND CORRUPTION. YET, A WORD YOU HEAR OFTEN IN GATHERINGS IS *PERSEVERANCIA* (*PERSEVERANCE.*)

I AM LEARNING TO TAKE EACH DAY AS AN OPPORTUNITY TO PRACTICE THE ART OF PERSEVERING THROUGH DIFFICULT CIRCUMSTANCES.

AND TO TRY TO
"DO ALL THE GOOD YOU CAN,
BY ALL THE MEANS YOU CAN,
IN ALL THE WAYS YOU CAN,
IN ALL THE PLACES YOU CAN,
AT ALL THE TIMES YOU CAN,
TO ALL THE PEOPLE YOU CAN,
AS LONG AS EVER YOU CAN."

**2018-2019 Board of Directors International Hands in Service/
Project Salud y Paz :**

Chair- Guy Griswold, GA, Vice-Chair Heather Nielsen, Secretary-
Frank Andersen, WA, Treasurer- Linda Brewster, ME, Arlen Stauffer,
FL, Patricia Marsden, NH, Wayne Wiley, MI, Larry Hjalmarson, UT

KRISTEN SOLTVEDT RINALDI

**EXECUTIVE DIRECTOR,
PROJECT SALUD Y PAZ**



2018 HIGHLIGHTS IN HEALTH AND EDUCATION AT PROJECT SALUD Y PAZ

Project Salud y Paz serves the indigenous Maya people through 3 permanent clinics located in Camanchaj, Nahuala, and Cunen as well as our school, Colegio Susanna Wesley (CSW).

- In the western highlands, our Guatemalan doctors, dentists, nurses, and staff at Salud y Paz clinics saw **4,171 dental patients and 4,159 medical patients.**
- **4,182 laboratory tests were performed including 1,566 glucose tests** for diabetic and prediabetic patients.
- In addition, **13 volunteer medical/dental/optical teams treated 6,945 patients in 24 rural communities** surrounding Chichicastenango, Nahuala, Cunen, and Quetzaltenango.
- Thanks to surgeons and support staff from Pulaski Heights United Methodist Church, Little Rock, Arkansas we provided **life-changing cataract surgery for 28 people and repaired 54 hernias.**
- **Construction teams built 1 beautiful home with Victor and his 2 boys**, worked alongside 2 congregations building churches, and finished a classroom, walls, and repairs at 1 local public school.
- At Colegio Susanna Wesley, **46 children ages 4-7 enjoyed hands-on learning** with plants, animals, and art while **17 of those young students became proficient readers.**
- **23 health promoters ("Las Amigas") gained knowledge and experience** in health topics including traditional medicine that they will use to teach their whole villages
- And finally, **179 different individuals, families, foundations, universities, and churches gave monetary donations to carry out the mission** of "providing health, healing, and education with the people of Guatemala."

Thank you. Gracias. Maltiox.
for all the ways you help health, healing, and
education become reality in Guatemala!



Project Salud y Paz is powered by the generosity, interest, sacrifice, and energy of extraordinary people across North and Central America. We are grateful for the following 2018 teams and their leaders:

Coronado Community UMC, FL
Jeanne Hencken

One Heart Mission, NH
Patty Marsden

First UMC Fort Smith, UT
Joe David Staggs

Christian Medical Mission, TX
Diane Gele

Marvin UMC, NC
Elizabeth Belvin

Davidson UMC, NC
Jim Suarez

Paradise Valley UMC, AZ
Don Wall

Monmouth University, NJ
Corey Inzana

UIC Dental Students, IL
university of Illinois at Chicago
Dental School

New England Works of Grace, ME
Linda Brewster, Mike Davis

St. Luke's UMC, TX
Jay Cooper

Pulaski Heights UMC, AR
Denise Johnson, Holly Ross

Memorial Drive UMC, TX
Marc Shellum

First UMC Salt Lake City, UT
Larry Hjalmarson

Dunwoody UMC, GA
Guy Griswold

Global Hands of Healing Texas, TX
Ken Kirkham

Arlington UMC, MO
Carla Beckerle

Chapel Hill UMC, MI
Wayne Wiley

We are grateful for the extreme financial generosity of:

Frank & Jan Andersen

Jerry & Patti Malone

Peter Gordon

Heb & Janice Cutrer

**The Samuel S. Johnson
Foundation**

W.P Foreman Mission Acct.

Aubrey Lunsford

Nanette Straw

Gary & Joan Olson

Benevity Fund

Spring Valley UMC

Elizabeth Belvin

Edmonds UMC

All Anonymous Donors

and the Child Sponsors of CSW

...and to all the friends and family who honored the memory of

David Paul, Salud y Paz

volunteer

and Phil Plunk, Salud y Paz

founder

people

VICTOR, MICAELA, YENNIFER

WORKING ON THE FRONT LINES FOR HEALTH AND EDUCATION



PEOPLE WE ADMIRE

(THEY ALL COME FROM CHICHICASTENANGO)

Some of us first met Victor Ajanel in early January 2018 through his cousin, Tomasa Ajanel. Tomasa is a long time volunteer at Salud y Paz who was the subject of a Salud y Paz documentary. You will soon see the video on our [Salud y Paz YouTube channel](#). Victor was born with a condition which had become life-threatening. On top of that, he was homeless, and raising his two little boys alone. It seemed impossible that Salud y Paz would be able to help. But Victor had a plot of land near Camanchaj, and; by the end of 2018, five generous volunteer teams had built a house for him and his sons. Jan Lage, of account services, introduced Victor to Dr. Will Bogel who was able to safely amputate Victor's leg. As of this writing he looks forward to his new prosthesis, and possibly a job in the health field.

Micaela Saquic is a one-woman powerhouse from Chijtinimit, a picturesque community near Chichicastenango. She has her own stall in the world famous market where she sells traditional hand-woven and embroidered clothing for women. In the face of enormous loss and grief, Micaela has channeled her energy into supporting and mentoring other young women in the ways of their strong Maya ancestors. In 2017 the group of women decided to build a church in their community. Their dream is to host after-school activities, language class, as well as religious instruction for children. Two construction teams worked with the people of Chijtinimit in 2018. The women pool their money to continue to buy materials. When she's not building or selling she is organizing the Guatemalan Methodist Church--125 congregations! Like we said---a powerhouse with a vision for the next generation.

Yennifer Conoz is a social worker who loves her job at Salud y Paz. Thanks to Yennifer's education at the University in Santa Cruz del Quiche, and her work experience, we are able to promote health and healing in households who live with scant resources for food, medicine and education. You will find Yennifer at her desk in the Camanchaj clinic speaking K'iche, interviewing patients and the whole family. She lines up lists of patients for Salud y Paz surgical teams, and refers others to neighboring hospitals, and institutions. She excels at following up with special patient cases. It turns out that Yennifer, her husband, and twin two-year-old girls are all born and raised in Chichicastenango near to the main Salud y Paz clinic.

The Legacy of Dr. Phil Plunk:

SALUD Y PAZ: HEALTH AND PEACE
FOR BODY, MIND, AND SPIRIT.



Phil Plunk-- dentist, theologian, biker, and friend --died at the very end of 2018 in the U.S.

We had hoped to see him back in Guatemala in January, but we knew his heart had been failing since the summer.

Phil founded [Project Salud y Paz](#) with the help of others who shared his vision for health and peace in Guatemala after a brutal civil war which took the lives of more than 200,000 of the country's indigenous Maya.

Phil's Texas-size hands and heart touched the people of Camanchaj and many other villages. His ability to communicate grand stories of struggling Guatemalan communities to North Americans was key. We aim to honor Phil's memory by continuing the good work that he began and has entrusted us.

Special patient cases

At **Salud y Paz** we assist patients, parents of school age children, and volunteer staff members who cannot afford the high cost of medical tests and medicines. When someone has a more serious diagnosis, whether discovered at the main clinics or the rural "pop up" clinics with our mission teams, we accompany them through the process.

In 2018, we financially and emotionally assisted a variety of people from the highlands who needed ultrasound, biopsy, auditory testing, and mental health referral. This is part of our dedication to good "followup." Your dollars (or quetzales) support patients facing illness beyond the common acute and chronic illnesses in Guatemala.



Sponsor a child at CSW

Support a child's health and hygiene for \$500 yearly or nutrition and education for \$1000 yearly. The cost of providing high-quality trilingual education at Colegio Susanna Wesley comes at \$1500 per child. Tuition is approximately \$10 per month for families that are able to contribute.

You can make a gift in honor of the 10th anniversary of Colegio Susanna Wesley (2009-2019)!

To learn more about the mission and vision of Colegio Susanna Wesley school, email Team & Resource Coordinator, Nikki, at teamcoordinator@salduypaz.org or resourcecoordinator@saludypaz.org



It's easy to donate to Salud y Paz clinics and school in the Maya highlands of Guatemala!



Checks can be sent to:

International Hands in Service/
Salud y Paz
825 East Ave NE,
Atlanta, GA 30312



Or DONATE ONLINE!

It's simple & secure.

Go to www.saludypaz.org/give



financials

January-December 2018

Patient and CSW contributions

2%

Contributed support
49%



Team income
49%

Total Income \$636,931

Contributed Support 49%

Patient and CSW contributions 2%

Team Income 49%

School

7%

Medicine
9%

Administration (rent, vehicles, internet)
15%

Guatemalan Salaries
35%

Expenses

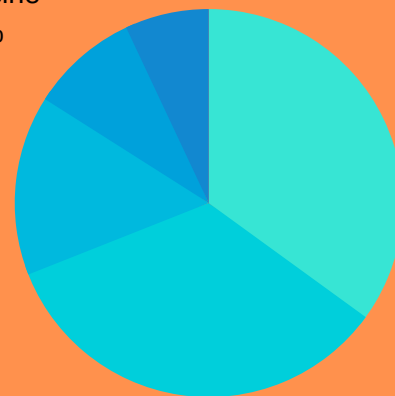
Guatemalan Salaries 35%

Team Expenses 34%

Administration 15%

Medicine 9%

School 7%



Team expense
34%

Thanks to the amazing people who support Salud y Paz--donors, volunteer teams, board, staff, and the Maya people-- the financial picture in 2018 has much improved. Goals for 2019 are to fund the construction of a new clinic building and improve our communications with donors like you. **Your financial gifts are the foundation for long-term sustainability of the mission to provide health, healing, and education with the people of Guatemala.**





THANK YOU. GRACIAS. MALTIOX.

Thank you for walking with us
on the incredible journey.

Health and Peace to you
from the people of Guatemala
and International Hands in
Service/Project Salud y Paz!

