



## Providing Health, Healing and Education with the People of Guatemala

### **Project *Salud y Paz*** **“Your Welcome Packet & Leader’s Guide”** *¡Bienvenidos a Salud y Paz!*

Congratulations on signing up for mission service through Project *Salud y Paz*/International Hands in Service. We are delighted you have chosen to be a part of our mission to provide health, healing and education with the people of Guatemala. We have been building relationships in the western highlands of Guatemala for the last 16 years and are excited that you will be joining us. We hope this packet of information answers many of the questions you may have.

- Importance of Strong Leadership  
----
- Team Timeline  
----
- Team Policies  
----
- Cultural Differences  
----
- Add On Opportunities and Associated Fees  
----
- Payment Policies  
----
- Donation Policy  
----
- Emergency Contact Information  
----
- Team Packing List  
----
- Personal Packing List  
----
- Sample Schedule  
----
- Arrival: Where to Find Us, What to Expect

Facebook:  
[facebook.com/projectsaludypaz](https://facebook.com/projectsaludypaz)

Website: [www.saludypaz.org](http://www.saludypaz.org)

Address: PO BOX 796224 Dallas, TX 75379



## The Importance of Strong Leadership

A strong leader can be the difference between a successful and a "chaotic" trip. Though all members of the team are important, the team leader has the primary role in creating a positive atmosphere for the team before, during and after your trip. Below you will find some guidelines on what makes a great team leader and a great team member. Whether you are a team leader for the first time or a seasoned veteran, we ask that you review the entire handbook and share the information it contains with your team.

### A great team leader:

- Recruits great team members who can abide by the regulations of *Salud y Paz*
- Communicates promptly and regularly via email with the *Salud y Paz* team coordinator
- Participates *with* the team, not simply as planner *for* the team
- Meets deadlines
- Is organized
- Is decisive yet understanding
- Is flexible and encourages team members to be patient and flexible as well
- Knows how to best utilize the gifts and strengths of participants
- Mediates conflicts between team members
- Is proactive in problem solving
- Can keep a calm presence in the face of emergency
- Is the unofficial safety officer - responsible for conveying safety information and willing to sacrifice personal agenda in the interest of making sure team members are safe

### A great team member:

- Appreciates flexibility
- Seeks to understand cultural differences regarding etiquette, meals, lodging, gift giving, clothing choices, etc.

- Places more importance on forming relationships with locals than completing tasks.
- Understands safety precautions while traveling abroad – never wanders off alone, keeps valuables in safe places, and doesn't take unnecessary risks.
- Is open to stepping outside his/her comfort zone
- Is willing to put self aside to be in the service of others

## Team Timeline

The following is a general timeline for medical, dental and construction teams (surgery has a different timeline which is included in the surgery packet). It's a great idea to print off a copy of this timeline and fill in your due dates. That way you can insure you are completing everything necessary for a smooth service week.

Remember communication is key! If you are unable to complete a due date for any reason, be sure to communicate that to your *Salud y Paz* contact as soon as possible. These are our email addresses:

[teamcoordinator@saludypaz.org](mailto:teamcoordinator@saludypaz.org); [executivedirector@saludypaz.org](mailto:executivedirector@saludypaz.org); [accountservices@saludypaz.org](mailto:accountservices@saludypaz.org)

Time Frame:	Due Date:	Description:
12-8 Months		Select dates and pay \$250 reservation deposit to reserve your service week.
8 months		Receive the Welcome Packet and Leader's Guide and <i>Menu of Services</i> via email
8 – 4 months		Recruit team members and fundraise for donation
8 – 4 months		You will be contacted by the resource coordinator to see if your team is interested in bringing donations the clinic and/or school may need: <a href="mailto:resourcecoordinator@saludypaz.org">resourcecoordinator@saludypaz.org</a>
4 months		Know how many providers you have coming, and insure you have the support staff for them. (med/dental teams)
4 months		Make yourself familiar with our <i>Mission Team Information Form</i> found under the <i>Programs</i> tab <a href="http://saludypaz.org/mission-team-information-form/">saludypaz.org/mission-team-information-form/</a>
***3 months		***Submit a completed copy of the <i>Mission Team Information Form</i> at <a href="http://saludypaz.org">saludypaz.org</a> under the programs tab. It is important to comply with this due date so we have sufficient time to make reservations and assure adequate funds and medications for your service week. <b>Be sure to comply with this due date to avoid late fees!</b>
3 months		If you are bringing your own meds into Guatemala, begin communicating with our customs contact: <a href="mailto:Joannewessels@hotmail.com">Joannewessels@hotmail.com</a> .
10 weeks		Invoice sent
2 months		Invoice paid
2 months		Communicate with the clinic and school resource coordinator about in-kind donations you plan to bring.

3 weeks		Finish packing any registered medical items you plan to bring through customs.
2 weeks		Have a meeting with your team to go over the team policies, cultural differences, packing lists, donation policy, emergency contact info, schedule, etc. <b>This will be key to a successful trip.</b>
0 weeks		Team arrives in Guatemala

\*\*\*Due to new governmental restrictions in Antigua, it is now even more important to get the *Mission Team Information Form* in on time AND fully complete. We want to put our best foot forward, and get your team into the best possible hotels without a fine. Help us do all we can for your team in the most affordable way possible, by getting your *Mission Team Information Form* in on time. Thank you and see you soon!

## Team Policies

In order to provide a safe, fun and meaningful experience for you and your team we ask that you take the time to read the following policies.

- **Age limit:**
  - Due to the nature of the work in which mission teams engage, all participants must be at least 15 years old. If you think we should consider an exception, please contact us prior to accepting adolescent team members.
- **Safety:**
  - Every team will be assigned a host, and your host will be responsible for passing along information in order to ensure a safe and memorable learning experience. Remember you are in a developing nation, so please rely on your host to guide decisions on what is safe and unsafe. Your host should know where you are at ALL times, without exception. NEVER GO OFF ALONE.
- **Translation:**
  - We recognize that we host team members with a variety of travel and language experiences. If you speak basic Spanish we encourage you to do your best to communicate with anyone you come in contact with. However, **for all medically sensitive information we require you to use an approved Guatemalan interpreter of English to Spanish, and Spanish to K'iche.**
    - An approved team member must be approved by the team coordinator. This person must be completely fluent in Spanish not just conversational. Please be honest when discussing your team member's abilities as it could be the difference between a successful and unsuccessful treatment. For construction teams, basic Spanish is very helpful to have.
    - Team member translation has caused unnecessary patient complications in the past. Please work with us to improve in this area.
- **Salud y Paz Staff**
  - *Salud y Paz* staff should never ask for money or favors. If this happens, please inform your host.

- **Clothing** ○ When at the clinic or in small communities remember you are in a conservative culture. Please do not wear tank tops, leggings or shorts. During free time in Pana, Antigua or Chichi tank tops, shorts, and leggings are more acceptable.
- **Substituting Team Members** ○ In the event that a team member can no longer come on the trip after your invoice is due, you may recruit a new team member to come in their place. If they are the same gender no changes will be made, but if they are of the opposite gender a triple room may be required.

## Cultural Differences

- **Water**
  - Tap water in Guatemala is not safe to drink. Look to your host for approved water sources to refill water bottles. *Salud y Paz* will provide safe drinking water throughout your entire service week.
- **Toilet paper** ○ In Guatemala you can NEVER put toilet paper in the toilet, you must put it in the waste basket next to the toilet.
- **Electricity** ○ The voltage is the same as in the United States, 110V, so you will not need any adapters.
- **Currency**
  - A U.S Dollar is +/- 7.3 Guatemalan Quetzals (Q). VERY IMPORTANT: If you plan to exchange dollars they **MUST MUST MUST** be **NEW and UNMARKED!** ATM's are also available.
- **Wi-Fi**
  - Throughout your trip you may have access to Wi-Fi. It could be available at your hotel, at the clinic, and possibly on your bus. It is almost guaranteed that at some point on your trip, the Wi-Fi will unexpectedly go out, so keep in mind you will have gaps in your coverage.
- **Communicating with Home**
  - International calling plans can get expensive. For those smart phone users look into the following texting and calling apps before your arrival: What's App, Viber, Facebook Messenger
- **Photographs** ○ Please be respectful and ask permission of each individual before taking their photo. ○ *Salud y Paz* staff may be taking photos throughout the week that could end up on our website or Facebook page. If you, as a volunteer, prefer not to be in the photographs or you feel that it is interfering with patient care, please let the team coordinator know.

- **Diet Restrictions** ○ vegetarianism is not practiced much in Mayan culture. We can facilitate vegetarian options, but unfortunately we cannot promise a well-rounded, nutritious meal. You will most likely receive lots of carbs with a side of veggies. Please don't let this deter you from serving in Guatemala, but instead bring lots of protein bars! ○ If a team member has any other diet restriction please communicate this with the team coordinator before your arrival.
- **Dogs and Cats** ○ There are lots of stray dogs and cats throughout Guatemala. Please do not feed or pet them. They are not pets, and the infections they have, or how they will react to you is unknown.
- **Roads**
  - The roads have lots of ups and downs and twists and turns, and even people who do not typically experience motion sickness have been known to become ill. Consider bringing motion sickness patches or Dramamine.
- **Completing Tasks** ○ Guatemalan culture will dictate that jobs be accomplished through methods that may seem outdated, and team members often see more efficient way of completing tasks. However, these methods are still the preferred practice in Guatemalan culture, so please accept instruction from our Guatemalan staff with grace and the understanding that tasks may have to be completed differently in the developing world. This pertains mainly to construction teams.

## Add On Opportunities and Associated Fees

Our [Menu of Services](#) document will provide you with more information about team fees. In the meantime, here is an overview.

- **New Medical Team Donation** ○ Starting in January 2018, medical teams will be asked to make an additional \$250 medical team donation. This will cover costs for follow-up with special patient cases, and for proper organization and storage of rural community patient charts.
- **Medication Boxes and/or bringing medications through customs** ○ A full “med box” costs \$3,400. You can purchase boxes by the ½ or whole. ○ If you would like to purchase a *Salud y Paz* Medication box please let us know as early as possible. For a copy of the contents of the med box, please contact [techservices@saludypaz.org](mailto:techservices@saludypaz.org).
  - Every provider prescribes a little differently, and the rates of illness change from month to month, but generally speaking a ½ med box will have more than enough meds for 1 provider, a full med box will have more than enough meds for 2 providers, etc.
    - Please note that you should expect to have more medications than needed. This is done to insure that you can treat patients each and every day.
  - If you are bringing your own meds into Guatemala be sure to communicate with your customs contact or [joannewessels@hotmail.com](mailto:joannewessels@hotmail.com) as early as possible. Ask about the expiration dates of meds. You CANNOT bring expired meds into Guatemala, and the expiration dates usually have to be a year out.
- **Additional Provider/ Dentist** ○ Sometimes medical-dental teams have trouble recruiting additional providers or dentists. If you would like a Guatemalan doctor or dentist to accompany your medical-dental team we can arrange for that. Generally speaking this will cost between \$250 - \$350. Please

let the team coordinator know as soon as possible if you would like us to pursue this option. Dentists are often harder to find, so please let us know as far in advance as possible.

- **Team Minimum**
  - If your team has less than 8 members there is a possibility that you may receive an upcharge. This is because our team fee is built in a way that each team member covers a small portion of certain expenses (translators, transportation, etc.), and if a minimum number of members is not met *Salud y Paz* does not receive a large enough sum to cover all necessary expenses. In order to cover expenses the ideal number of team members for *Salud y Paz* is 12.
- **Construction Team Donation** ○ Construction teams are charged an additional one-time fee of \$2,300 to cover costs for construction materials for their week long project.
- **Private Rooms** ○ The team fee is based on double or triple occupancy. Please discuss any special needs or associated charges for private rooms before your arrival. If there are changes after arrival, the difference in price will need to be paid at checkout with your host.
- **Extra Airport Trips**
  - In the event that a team member needs to fly in later or fly out earlier than the rest of the team, we can arrange a private airport pick-up or drop-off for \$125.
- **Free Time Host** ○ A host is not included in your free time pricing (Friday afternoon to Sunday departure). If you would like a host we are happy to provide one at a \$100 flat rate per day. In most cases this would be from Friday midday to Sunday airport departure, which would require 2 days of a free time host. We encourage first time teams to have a free time host in order to ensure a smooth, organized and relaxing weekend.
- **Medical care for team members** ○ If a volunteer needs unplanned medical attention during your trip we are happy to schedule an appointment with one of our doctors. Our pharmacy is equipped to provide the meds the doctor will prescribe to you. If you need to receive your meds from our pharmacy we ask that you make a donation of \$10.
  - If you need medical care beyond what we provide we will connect you with the facility you need.
- **Coffee/ t-shirts** ○ You will have the opportunity to participate in a coffee and tee-shirt fundraiser. Be sure to bring some extra cash for a *Salud y Paz* t-shirt or a few pounds of freshly roasted coffee.

## Payment Policies

We recognize that every team member makes a financial sacrifice to serve in Guatemala, and we are so grateful for that sacrifice! To be the best stewards of our donations we transfer money from our U.S. bank account into our Guatemalan bank account just once a month. Often we make payments for your hotel, transportation, food, medication, etc. long before your arrival. Below you will find our policies and procedures with regard to making payments for your trip. Remember these have been put in place so that we can provide you the best service possible in the most affordable way. We look forward to working with you!

1. **Reserving Dates/Deposit:** After discussing the dates of your future service trip with the team coordinator, you will be invoiced for your \$250 deposit invoice. **Please include the invoice number on your check.** Your requested date will be held for two weeks until confirmed by receipt of initial payment. The deposit is transferable to another date but non-refundable.

2. **Final Numbers/ Invoice:** Three months before your arrival the *Mission Team Information Form* is due. This form asks for service week and free time locations, type of accommodations, total number and other team member info, med boxes, etc. We need all this information to properly send out your invoice. Full payment is required two months before your arrival. **It's very important to get your *Mission Team Information Form* in on time, so you can avoid late fees!** For questions about the invoice, methods of payment, changes to your form, etc please contact [accountservices@saludypaz.org](mailto:accountservices@saludypaz.org).
3. **Refunds:** Only partial refunds can be made after the invoice is sent to you approximately 3 months before your trip. Many of the vendors we work with require prepayment to secure reservations and do not offer refunds to us.
4. **Late Fees:** In 2017 we implemented a \$100 penalty for each week the *Mission Team Information Form* is overdue, and/or your payment is overdue.

## Donation Policy

The following is a summary of the new *Salud y Paz* donation policy adopted by the board of directors, April 2016. We are extremely appreciative of the generosity of all those who wish to make in-kind donations to *Salud y Paz*. Below we provide guidelines to ensure that the donations you bring are aligned with our mission to provide health, healing and education with the people of Guatemala.

### ❖ Donations must meet operational needs

- Please contact the [resourcecoordinator@saludypaz.org](mailto:resourcecoordinator@saludypaz.org) for an updated list of Project *Salud y Paz* needs
  - If you want to bring an in-kind donation that is not directly related to health and education please contact the [executivedirector@saludypaz.org](mailto:executivedirector@saludypaz.org) for recommendations.
  - Your team can also meet operational needs through a financial donation towards a larger need. For instance, before your trip your team could raise funds for new dental chairs or dental equipment. You could contribute to or start a new fund for a special patient case, or to fund educational scholarships both for children and young adults.
- ☺ As part of our mission and vision when possible Project *Salud y Paz* tries to invest in the local economy by making purchases in Guatemala.

## Emergency Contact Information:

The following Guatemalan telephone numbers can be dialed from the U.S. in case of emergency. Please feel free to give the numbers to family and friends, and to have with you in Guatemala.

Team Coordinator, Jose Hernandez: 011-502-3016-088

## Team Packing Lists

Each type of team requires a specific packing List. Surgical packing lists are available upon request.

### Medical Team List

Please bring the following items. Quantities are sufficient for a team with two providers who together could see a maximum 75 patients per day.

- Hand Sanitizer (10 bottles)
- Baby wipes (5 to 10 packages)
- Clip boards (3)
- Gloves (10 boxes)
- Paper tape (2-5 rolls)
- Band-Aids (100)
- Tongue depressor (500)
- Medicine cups (100 to 200)
- 3 & 5cc syringes (100 for ped meds)
- Bottles to ½ liquid meds (50)
- Funnel (1)
- Pill counters (2)
- Pill cutters (2)
- Stethoscopes (1 per medical personnel)
- BP cuffs (1 adult, 1 ped) □ Urine dipsticks (1 boxes)
- Thermometers (4) □ Glucometer Embrace (1)
- Pen lights (1 per medical □ Embrace strips (300, 1 control personnel) □ Alcohol pads (400)
- Portable oto and □ Lancets (300) ophthalmoscope (1 per provider) □ Nebulizer (optional)
- Otoscope cover (adult 25, ped 25, □ Sunglasses and reading glasses can clean and reuse) for patients (encouraged)
- Replacement batteries for all □ Ink pens (2 boxes) medical supplies □ Sharpie markers (10)
- Labels for med bags (1000) □ Hand towels (20 to create clean
- Medication bags (1000) working areas)
- Pocket drug reference □ Duct tape (3 rolls)
- Hydrogen peroxide (1 bottle) □ XL trash bags (3 boxes)
- Betadine solution (1 bottle)
- Pregnancy tests (50)

### Dental Team List

Please bring the items listed below. Quantities are sufficient for a dental team bringing 1 dentist.

- Hand Sanitizer (5 bottles)
- Baby Wipes (5 to 10 packages)
- Gloves (20 boxes)
- Medicine Cups (175)
- BP cuff w/ stethoscope (1)
- Labels for medication bags (400)
- Medication bags (400)
- Hand towels (20 to create clean working areas)
- Large trash bags (1 box)
- Sharpie markers (10)
- Duct tape (5)
- Bibs (200)
- 3 – 0 gut suture (36)
- Cotton tip applicators (500)
- Isopropyl alcohol 90% (4-32 oz, used with 2x2 gauze to clean) □ 2x2 gauze (5000, for pressure dressing and alcohol wipes)
- Needles (700, your preference on gauge and length, don't forget peds!)
- Topical anesthetic (3, 1oz)
- Surgical aspiration tips 1/4" (200)
- Procide cold sterile solution (5 quarts)
- Scalpel blades (15)
- Scalpel handle (2)

- Carpule syringes (6)
- Your preferred root tip recovery instruments
- Anesthetic carpules-Lidocaine 2% with epi (200), Septocaine 4% with epi (200), Citinest 4% (200)
- Amoxicillin 250mg (700)
- Ibuprofen 200mg (1000)
- Ibuprofen 100mg/5cc (25, 4oz)
- Multi vitamins (1000) (optional)
- Bite blocks (3 variety)
- LED headlamp with batteries ☐
- “Portable Super Vac” suction canisters (5)
- Toothbrushes (300 adults and 100 kids) (optional)
- Toothpaste (400) (optional)

### **Optional Donation List for Medical, Dental, Surgery, and Construction Teams**

We are trying to get away from donations of toys and candy. While these are fun things to donate they do not meet a need. In the following list you will find items that make life a bit more healthy and hygienic for people in the Maya highlands.

Remember this is an optional list. If you would like to bring donations for the clinic or the school at *Salud y Paz* please contact [teamcoordinator@saludypaz.org](mailto:teamcoordinator@saludypaz.org), [executivedirector@saludypaz.org](mailto:executivedirector@saludypaz.org), or [resourcecoordinator@saludypaz.org](mailto:resourcecoordinator@saludypaz.org), and you will be assigned an item that will help us keep our doors open.

Thank you so much for your support!

- Socks ☐ Toothpaste ☐ Combs ☐ Crayons and crafts for Guatemalan churches children's ministries
- Underwear ☐ Toothbrushes ☐ Nail clippers, files ☐ Rulers
- Bras ☐ Soap ☐ Hand towels ☐ Small umbrellas
- Hats ☐ Shampoo ☐ Pens/ pencils ☐ Canes
- Reusable cloth ☐ Deodorant ☐ Notebooks ☐ Floss

### ***Salud y Paz* will provide the following items to rural medical and dental teams**

- 2 extension cords
- 1 multi plug extension cord
- 2 Multi plugs
- Rope (to divide doctor’s offices)
- Sheets (to divide doctor’s offices)
- 2 bags clothes pins
- Drinking water by the 5 gallon (bring your water bottle)
- Water dispenser
- Bathroom scale
- Patient forms
- Paper towels
- Trash bags
- Toilet paper

### **Construction Team List**

- Tool belt (optional)
- Marking Pencils
- Medical gloves --if painting
- Duct tape (optional)
- Clothes for construction
- Water bottle (required)
- Tape Measure (just a few)
  - ✓ All building materials are covered by your construction fee

## Personal Packing List

- Bible/journal/books  Wash cloth (bedding and towels provided)
- Guitar (if desired)  Color copy of your passport
- Bug spray (required)
- Sunscreen  Personal hand sanitizer
- Hat/visor  Sunglasses
- Personal meds  Personal water bottle
- Personal toiletries-- bring an extra toothbrush
- Camera  Rain jacket
- Close toed shoes
- Clinic clothes: most teams wear scrubs (remember shorts above the knee, tank tops, and leggings are not to be worn in rural communities)
- Modest free-time clothes
- Swimsuit- hotel may have a pool
- Backpack
- Jacket or hoodie

## Sample Schedule:

Every team's schedule will look a little different, however this is a general outline of what your week might look like day to day.

Time	Saturday	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	
7:00	Arrive before 3pm	Breakfast at hotel	Breakfast then 7:45 departure	Breakfast then 7:45 departure	Breakfast then 7:45 departure	Breakfast then 7:45 departure	Breakfast then 7:45 departure	Free Time  Climb volcano (or ride horseback— Antigua) -- Visit pottery and textile makers- See Mayan markets  Leave for hotel near airport if you have an early flight the next day	Depart early for the airport and head home	
7:30			Travel	Quick orientation to workspace and start service project whether medical, dental or construction	Clinic and School Tour (construction teams)	Service Project	Service Project			Clinic and School Tour then visit a Mayan home (medical and dental teams) Or work a half day of Service Project
8:00										
8:30		In Pana visit towns on Lake Atitlan, in Chichi visit market, church or other free time activity	Lunch on the team (bring \$\$)	Lunch	Lunch	Visit a Mayan home (construction teams)	Lunch			Depart for free time. Choice of Panajchel or Antigua
9:00										
9:30										
10:00										
10:30										
11:00										
11:30										
12:00										
12:30										
1:00		Optional Cultural Experience: Visit a traditional Mayan home, invite a local	Service Project	Service Project	Service Project	Service Project	Service Project			Visit to Iximche ruins.
1:30										
2:00										
2:30										
3:00										
3:30										

<b>4:00</b>	Head to home base. Choose Panajachel, Xela or Chichi with possible meal and clinic stop	speaker on topics of health, history, art etc.								
<b>4:30</b>			Travel	Travel	Travel	Travel				
<b>5:00</b>			Free Time Go along to supermarket for the week's lunches (rural teams)	Free Time	Free Time	Free Time	Free Time			
<b>5:30</b>										
<b>6:00</b>	Dinner	Dinner	Dinner Out	Dinner	Dinner Out	Dinner				
<b>6:30</b>										
<b>7:00</b>	Cultural Orientation	Team Orientation	Team Meeting	Team Meeting	Team Meeting	Free Time				
<b>7:30</b>										
<b>8:00</b>	Free Time	Free Time	Free Time	Free Time	Free Time	Free Time				
<b>8:30</b>										

## Arrival: How to Find Us, What to Expect

### How to Find us:

You will be met at the Guatemala City airport by a *Salud y Paz* representative and your driver from the professional transportation service with whom we contract.

When you exit the airport there will be a crowd of people behind a small gate located directly in front of you. Please exit that gated space to your **RIGHT**. Your *Salud y Paz* representative will be waiting for you to your right holding a *Salud y Paz* sign. If you are a first time team, or have not yet met your *Salud y Paz* representative **ask for a photo from the team coordinator before your arrival.**

### What to Expect:

Once your team connects with the *Salud y Paz* representative, be prepared to help load all luggage onto the bus. Please have an idea of which suitcases are donations and/or medical supplies, and which suitcases are personal. Suitcases with donations and supplies will be loaded onto the bus first, followed by personal luggage. Each team member will have a bottle of water waiting for them when they board the bus.

If your group arrives before 3 pm you can expect to travel to your hotel from the airport. If needed you will make a stop for lunch and/or a stop by the clinic. If you arrive after 3pm you will go to a safe airport hostel nearby. When you arrive at your hotel you will have dinner followed by a cultural orientation. In the morning you will continue onto your mission destination. Keep in mind that the drive from the airport is mountainous and curvy. Bad traffic can also turn a 3-hour drive into 5 hours.

See you soon! *Hasta pronto!*

Thank You... *Gracias...* *Maltiox!*

*Kristen, Ana, Jose, Erick, Kevin, Paulina, Luis, Manuel, Sebastian, Ermin, John, Jan, Tomasa, Bianca, Maribel, Jenny, Sonia, Edwin, Candelaria, Astry, Ana, Mary, Edwin, Micaela, Tomin, Aurelio, Sebastiana and many more*

**Providing Health, Healing and Education with the  
People of Guatemala**

